

1st July 2022



Mail on Friday

Redhill Primary Academy and Nursery Weekly Newsletter

Email us at: parentcontact@redhillprimary.co.uk

Sports Day Results

Well done to everyone who took part in our three sports days you all showed fantastic sportsmanship and true Redhill spirit. A huge congratulations to Wright house for being this year's sports days champions.



A further congratulations to Chiddie and Harriet who both set new records this year.
Chiddie - 6.17 seconds and Harriet - 6.43 seconds



New Class Letters

New class letters have been emailed out to parents today.

Lost Glasses

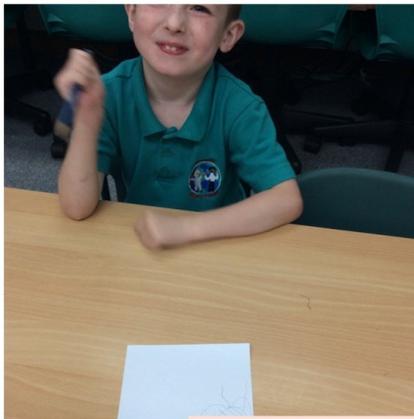
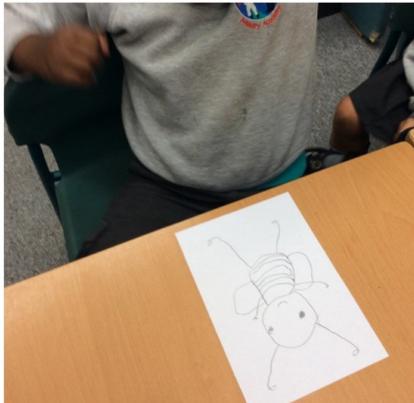
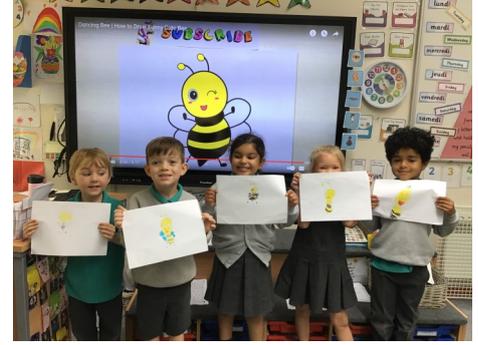
If your child has lost their glasses and you recognise any of the following, please contact the school office. The office also have a watch, rings and a keyring, so if your child has lost this kind of item, please speak to the office as they may be able to return it to you. Thank you.



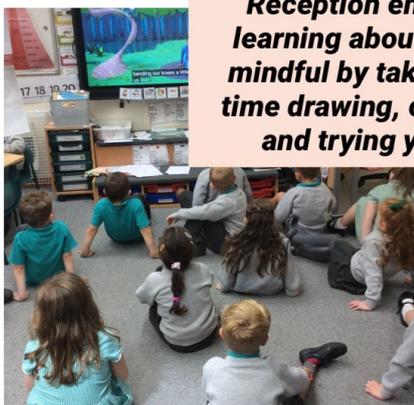
Healthy Lifestyles Week

Reception

We've looked at mindfulness this week and have done some yoga as a class, have followed along with a youtube video to draw a dancing bee, and have finished with some calm, mindfulness pattern colouring. We also sat and did some meditative breathing exercises and talked about what we like to do when we want a quiet moment; reading, napping, laying down, watching tv, going for a walk with the dog etc.

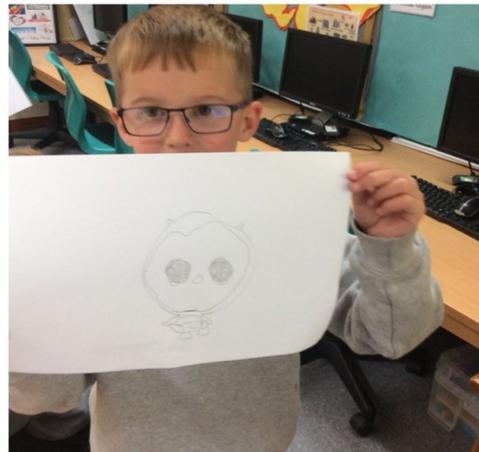
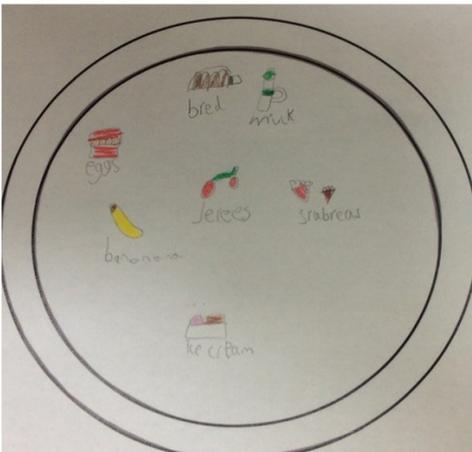


Reception enjoyed learning about being mindful by taking our time drawing, coloring and trying yoga.



Healthy Lifestyles Week - Year 1

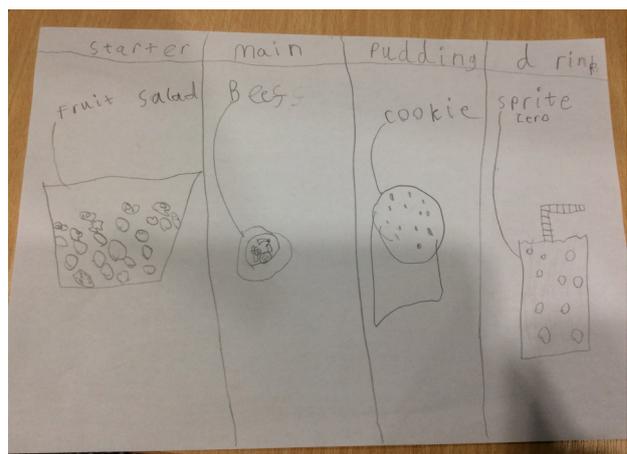
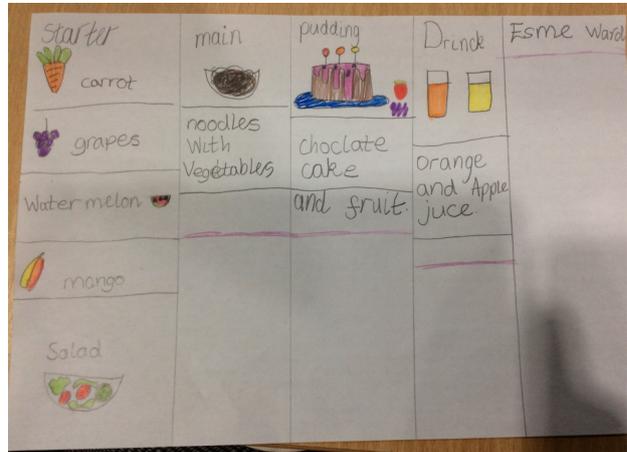
This week we have completed a range of activities linked to living a healthy lifestyle. We took part in a workout session where we learnt about how exercise affects our body. We looked at how we could practise mindfulness and completed a mindfulness drawing of a baby owl. We then moved on to create our own healthy meal plan. We learnt all about how we could keep safe online, before looking at what we should do if we are ever in an emergency situation where we need to call for help.



Healthy lifestyles week

Year 2

This week we have practiced some mindfulness by following instructions to draw dinosaurs. We learnt about the benefits of daily exercise by doing a workshop with a gym owner. We also created balanced meal ideas and discussed how to stay safe at school!

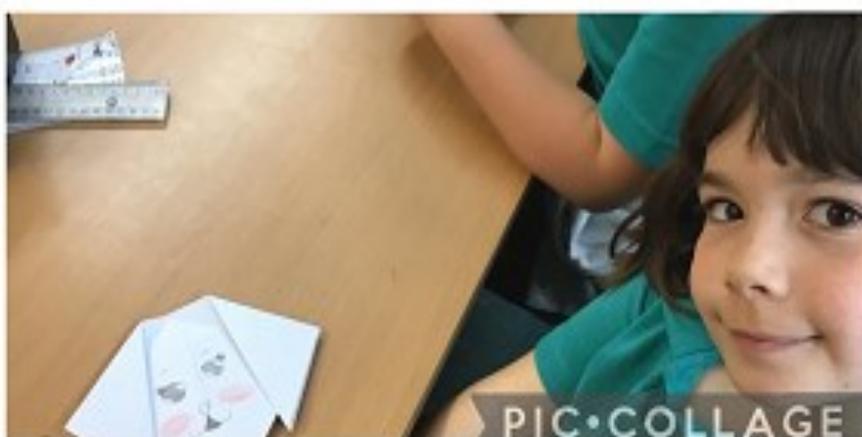
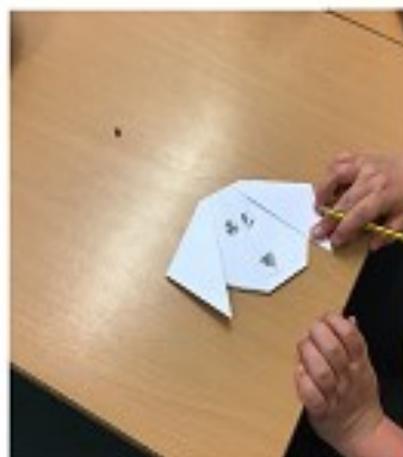


Healthy Lifestyles Week

Year 3



Year 3 made origami dogs as part of our healthy lifestyles week.

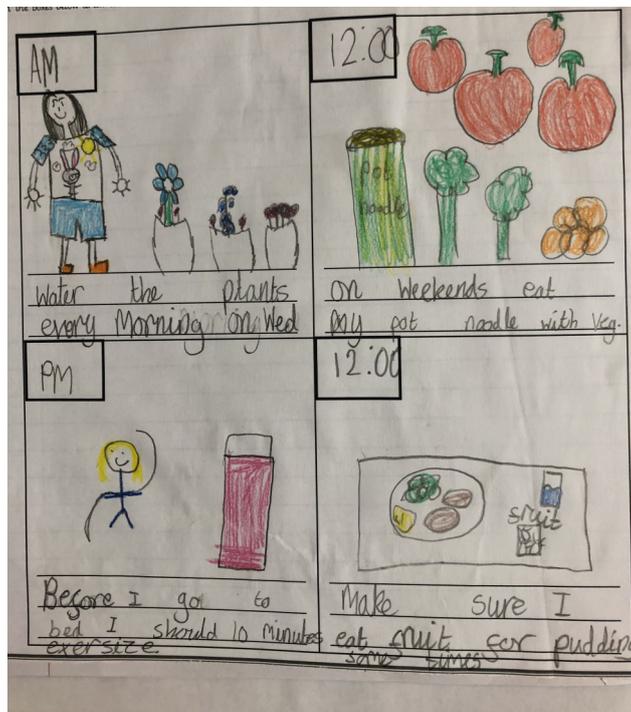
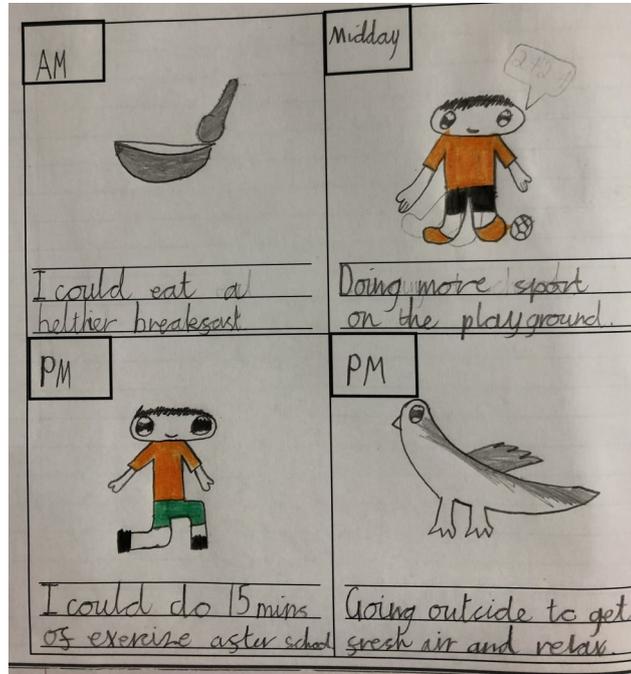


PIC•COLLAGE

Healthy Lifestyles Week

Year 4

This week we have thought carefully about the changes we could make in our lives to keep us either physically or mentally healthy. We discussed how our change needed to be SMART and manageable. We set ourselves a challenge to complete these changes at different times during the day. At the end of the week we reflected on whether we had met our challenge.



Healthy Lifestyles Week

Year 5

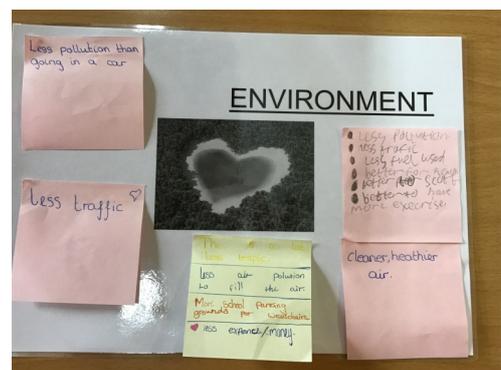
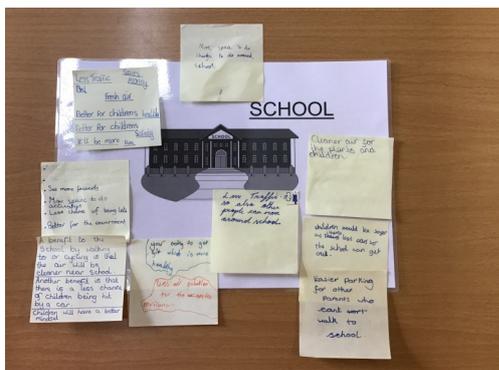
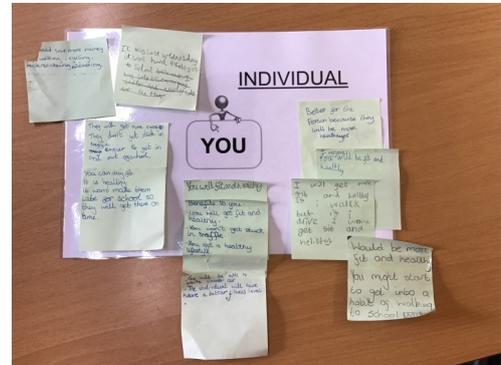
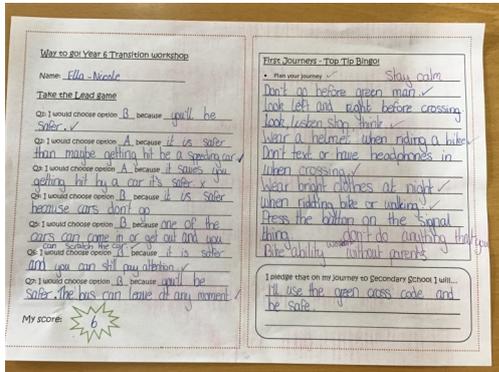
Year 5 practiced mindfulness by making origami penguins!



Healthy Lifestyles Week

Year 6

As part of our Healthy Lifestyles activities this week, Year 6 took part in a road safety workshop that encouraged the children to start thinking about how they will travel to their secondary schools both safely and sustainably!



Countdown to Prom 2022 Thursday July 14th

The date is nearly here for all of our Year 6 children to finally get the glam on and enjoy our much-anticipated prom night. This year's theme will be all things Platinum and we can't wait to see you all arrive! The evening will be hosted by the friends of Redhill and will include the year 6 buffet, evening entertainment, a photographer to get those all-important prom night photos, merchandise, tuck shops, and lots of surprises.

Children are welcome to bring money for the merchandise and tuck shop, but please remember that all the official pictures taken on the night are available to buy online after the event.

The evening will start at 6.00 and finish at 8.00. Tickets will be on sale from Monday, July 4th at £6.00 per child. Please can parents remember to use their child's name, not their own name as their reference so we can easily determine who has paid.

As always, these events are not possible without the help of our team of volunteers, but some of our usual team have their children attending prom this year, so won't be available to help us set up. This is where we really need your help. Do you have a spare hour or 2 from 3.00 to help us? We need help putting chair covers on, and setting up gazebos and merchandise areas. If you can help, please get in touch with us on our Facebook page or contact Pru directly iamprumccarney@gmail.com

Looking forward to seeing you all soon

